# COVID-19 CLUB SAFETY

Dallington Fitness making dramatic changes to reduce the risk of transmission of the Covid-19 virus within its facilities, creating a safe environment for our staff and members to workout.

#### **KNOW THE SIGNS**



People with fever, cough, sore throat or other flu-like symptons are not permitted to enter

# **WASH YOUR HANDS**



Please wash and disinfect Your hands regulary with the hand sanitiser provided

## **COUGHS & SNEEZES**



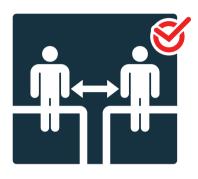
Cough or sneeze into a tissue or your elbow

#### **DO YOUR BIT!**



Do your bit, wipe down all equpiment before and after use using the sanitiser spray and tissue provided

#### **KEEP A SAFE DISTANCE**



Keep 2 meters apart Avoid physical contact

## **LIMITED CAPACITY**



We have limited our overall club capacity to fit in line with social distancing

Safety of staff and members is our primary objective. With our combined effort and consistently executed range of measures we can dramatically reduce the risks faced from Covid-19 in our club.

# THANK YOU FOR YOUR COOPERATION